



Hands-on popular science and spectacular northern lights planetarium shows!

For opening hours and more, scan QR code:

VITENSENTERET
Polar Science Centre

TROMSØ BADET

Swimming pool

Norwegian Travel

The most comfortable way to experience both Northern Lights and Whales

BOOK HERE

Attractions

THE ARCTIC CATHEDRAL E3
ISHAVSKATEDRALEN C6
The world's northernmost stained glass windows. Guided tours available. New Year's Eve Concert.
Hans Møller vei 41
www.ishavskatedralen.no
Bus 20, 24 from Kystens Hus to Tromsøstasjonen
Bus 26, 28 from Tromsøstasjon to Tromsøbrua

THE ARCTIC UNIVERSITY A5
NORGES ARKTISKE UNIVERSITETSMUSEUM
Semi-culture, Stone Age and Viking eras, church art, Northern Lights and Arctic wildlife.
Lars Thøgers veg 10
www.uib.no/tmu
Bus 40 from Barilaga to Tromsø Museum
Bus 38 from Barilaga to Tromsøbrua

BLUE VISION D2
Blue Vision is a center for salmon aquaculture.
Storgata 42, Kystens Hus
www.blue-vision.no

BOTANICAL GARDEN D5
BOTANISK HAGE
World's northernmost botanical garden. Open around the clock. Café Hansine Hansen is open during the summer (April-July).
Svalbardveien 200
www.uib.no/tmu/botansk
Bus 20, 21, 24 from Storgata to Ulf/Fillemstad
Bus 42 from Kjøllingsveien to Barilaga

THE CABLE CAR C3, B6
FJELLHEISEN
Cable car to Storsteinen 42m. Restaurant, café, viewing platform.
Sølvvegen 12
www.fjellheisen.no
Bus 26 from Tromsøstasjon to Fjellheisen

Full Steam D2
The world's northernmost maritime museum. The Sea Sami and Northern Lights exhibition. Guided tours available.
Sandne Tollbodgate 3
www.fullsteam.no/tromso

Mack Brewery Olhallen B1
Brewery established 1877, city's oldest pub, microbrewery, shop, tours. Guided tour Mon-Fri 15.00, Sat 14.30
Storgata 4
www.mack.no/olhallen

Magic Ice C2
Northernmost magic ice art gallery.
Kaigata 4
www.magicice.no/tillsting/tromso-norway/

MS Polstjerna A2
Historic sailing vessel and Snowhow exhibition.
Halsø, Johansens gate 10
www.uib.no/tmu/polstjerna

Northern Norway Art Museum C2
NORDNORSK KUNSTMUSEUM
Art from early 19th century to present.
Rønnefjell
Spegata 1
www.nnm.no

Perspektiv Folkparken A8
Open air museum with 24 buildings. Exhibition and kiosk open on Sundays during summer.
Kjøllingsveien 18
www.perspektiv.no
Bus 23 from Barilaga to Folkparken
Bus 40 from Barilaga to Tromsø Museum

Perspektiv Museum D1
A place where present and past, photography, art and knowledge all meet. Exhibitions on three floors.
Storgata 95
www.perspektiv.no

The Polar Museum E2
History of winter trapping, seal hunting and polar expeditions; temporary exhibitions with Arctic content.
www.polar.no

Polaria A1
Panoramic films about Northern Lights and Svalbard; aquariums of Arctic fish, bearded and harbour seals; knowledge-based exhibits. Seal training and feeding daily.
Hjalmar Johansens gate 12
www.polaria.no

Science Centre D5
KJØLLINGSVEIEN VITENSENTER
Interact via science exhibitions on the topics: space, climate & weather, energy, body & brain. Planetarium Show - featuring the northern lights in science, history and myth.
Hansine Hansens veg 17
www.northernlightscenter.no
Bus 20, 21, 38 from Storgata to Ulf/Fillemstad

Troll Museum C2
The first and only museum about trolls and fairy tales in Norway.
Kaigata 3
www.visit troll.no

Tromsø Cathedral C1
TROMSØ KATHEDRALE
World's northernmost Protestant cathedral from 1891. Summer concerts.
Kirkegata 7
www.kirken.tromso.no/
menigheten/donk/kon-menighet

Tromsø Centre for Contemporary Art B5
TROMSØ KUNSTFORENING
A free space for contemporary art, exhibiting new experimental art and artists.
Møllervegen 62
www.tromsokunstforening.no

Please check our website www.visit Tromso.no for more information on attractions.

TROMSØ SPECIAL TOURIST INFORMATION CENTRE

Operating 24/7, Tromsø, Norway

Visitor Centre head office: Storgata 84, 9008 Tromsø
Tel: +47 77 00 00 - info@tromso.no - visit Tromso

Samlet Arktis gate 5, 9008 Tromsø
Tel: +47 77 00 00 - info@arctis.no - visit Tromsø

EMERGENCIES
Ambulance 113 - Fire 110 - Police 112
Tromsøregion AS
Vila Tromsøregion AS
Vila Tromsøregion AS
Polarregion AS
Polarregion AS
Polarregion AS

BOOK YOUR NEXT ARCTIC ADVENTURE HERE

QR code

Tromsø Snow Dome

A magical world full of snow, Arctic light, unique nature, and fascinating culture to the through creative activities and technology. This impressive year-round dome, built from snow and ice, is an indoor adventure land designed for children, youth, and families.
Opening June 2023 in Tromsø, Norway

CLIMBING AND BOULDERING FOR ALL LEVELS

Indoor climbing, bouldering, and rappelling. All levels welcome. Get started!

Arctic Experiences and Guide Services

Storgata 77, 9008 Tromsø
+47 922 07 901
tromso@arcticguideservice.no

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Fjellheisen shuttle bus

The Easiest Way to Fjellheisen Starts Here.

Available between: 15.OCT 2025 - 31.MAR 2026

TICKETS

Tromsø city map

Welcome to the Arctic

Fjord adventures from Tromsø

- Northern Lights Chase
- Whale & Arctic wildlife safari
- Arctic fjord cruise

RØDNE
Rødne
Rødne

SAMI SHOP

Address: Kirkegata 10
Telephone: +47 970 61 487

AMI HOTEL

Smart and affordable accommodation.
Booking Ami Hotel: <https://www.amihotel.no>

Arctic Circle Tours

Northern Lights tours with outstanding facilities.
Booking northern lights tour: <https://www.arcticcircle.no>

irisgalerie

FOR YOURS TO A YORK OF ART

Tromsø's official Tourist Information Centre

Ask your local experts!

- Activity booking
- Tromsø pass
- Polar certificate
- Local products

See more, pay less

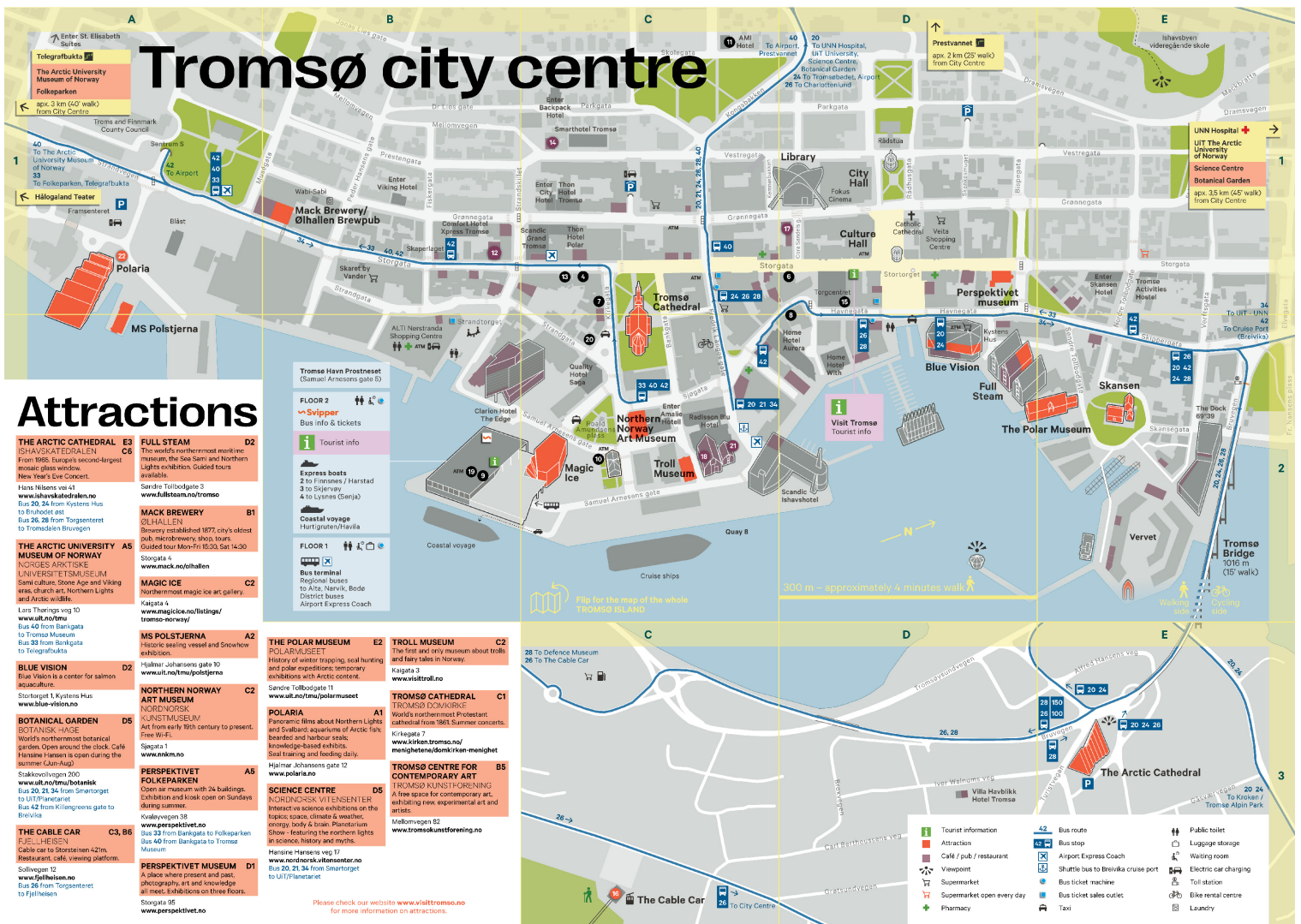
crisis pass
classic pass
culture pass
family pass

Tromsøregion AS
Vila Tromsøregion AS
Polarregion AS

CASA INFERNO

ITALIAN PIZZA.

Vestregata 2 Booking: casainferno.no



Please check our website www.visit Tromso.no for more information on attractions.